

except the two above-named do. Therefore neither it, nor any other Sacrament else, be such Sacraments as Baptism and the Communion are."

-- Second book of Homilies, attributed in large part to Bishop John Jewel, in Queen Elizabeth's reign, quoted by Edward Harold Browne in An Exposition of the Thirty-Nine Articles Twelfth Edition (London: Longmans, Green & Co., 1882), p. 581.

The Heidelberg Catechism, Questions 66 and 68, speaks to this issue:

Question 66. "What are the Sacraments?"

Answer. "The Sacraments are visible, holy signs and seals, appointed of God for this end, that by the use thereof he may the more fully declare and seal to us the promise of the Gospel; namely, that he grants us out of free grace the forgiveness of sins and everlasting life, for the sake of the one sacrifice of Christ accomplished on the cross."

Question 68. "How many Sacraments has Christ appointed in the New Testament?"

Answer. "Two: holy Baptism and the holy Supper."

b. The Roman Catholic View

The following is quoted from the *Baltimore Catechism No 3*:

305. How many sacraments are there?

There are seven sacraments: Baptism, Confirmation, Holy Eucharist, Penance, Extreme Unction, Holy Orders, and Matrimony.

(a) Christ instituted seven sacraments to supply the various needs of the spiritual life of man. Baptism is the sacrament of spiritual rebirth; Confirmation is the sacrament of spiritual strength and maturity; the Holy Eucharist gives us food for spiritual nourishment; Penance is the cure for the spiritual sickness of sin committed after Baptism; Extreme Unction strengthens us when dying; Holy Orders provides for the work of the Church; and Matrimony provides for the social needs of the Church.

315. What is Baptism?

Baptism is the sacrament that gives our souls the new life of sanctifying grace by which we become children of God and heirs of heaven.

330. What is Confirmation?

Confirmation is the sacrament through which the Holy Ghost comes to us in a special way and enables us to profess our faith as strong and perfect Christians and soldiers of Jesus Christ.