suffering One cries out continually, or that He cries out both when the sky is light and when it is shrouded in darkness, but that there is no relief)

verse 11 says: "Be not far from me, for trouble is near; For there is none to help."

verse 14 states: "I am poured out like water, And all my bones are out of joint; My heart is like wax; It is melted within me."

verse 15 says: "My strength is dried up like a potsherd, And my tongue cleaves to my jaws; And Thou dost lay me in the dust of death."

And verse 19 says: "But Thou, O Lord, be not far off; O Thou my help, hasten to my assistance."

was our Lord crying out for the Father's help and relief and deliverance in the midst of His weakness and pain and groaning, but not finding it immediately because it was necessary for Him to pay the full measure of suffering for the guilt and penalty of my sin?

If so, this would fit with the second half of Psalm 22:1 and alleviate some of the problems of the other suggested interpretations. I would commend this understanding to you.

But now we come to the second question:

II. WHY WAS JESUS FORSAKEN BY GOD ON THE CROSS?