Mark 2:27 -- "And he said unto them, The sabbath was made for man, and not man for the sabbath."

(d) The concept of a holy convocation is retained

Acts 20:7 -- "upon the first day of the week, . . . the disciples came together to break bread."

Hebrews 10:25 -- Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching."

[e] The concept of commemoration is also retained A spiritual resting from one's own works and resting in Christ's completed redemptive work is stressed.

Hebrews 4:34, 9-10 -- "For we which have believed do enter into rest, as he said, As I have sworn in my wrath, they shall not enter into my rest: although the works were finished from the foundation of the world. For he spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works. . . . There remaineth therefore a rest to the people of God, for he that is entered into his rest, he also hath ceased from his own works, as God did from his."

[f] Works of necessity and mercy are permitted and commended, as they were in the Old Testament period

Mark 3:1-4 -- "And he entered again into the synagogue; and there was a man there which had a withered hand. And they watched him, whether he would heal him on the sabbath day; that they might accuse him. And he saith unto the man which had the withered hand, Stand forth. And he saith unto them, Is it lawful to do good on the sabbath days, or to do evil, to save life, or to kill? But they held their peace."

Luke 13:10-17 -- "And he was teaching in one of the synagogues on the sabbath. And, behold, there was a woman which had a spirit of infirmity eighteen years, and was bowed together, and could in no wise lift up herself. And when Jesus saw her, he called her to him, and said unto her, Woman, thou art loosed from thine infirmity. And he laid his hands on her: and immediately she was made straight, and giorified God. And the ruler of the synagogue answered with indignation, because that Jesus had healed on the sabbath day, and said unto the people, There are six days in which men ought to work: in them therefore come and be healed, and not on the sabbath day. The Lord then answered him, and said, Thou hypocrite, doth not each one of you on the sabbath loose his ox or his ass from the stall, and lead him away to watering? And ought not this woman, being a daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day? And when he had said these things, all his adversaries were ashamed; and all the people rejoiced for all the glorious things that were done by him."

Luke 14:1-6 -- "And it came to pass, as he went into the house of one of the chief Pharisees to eat bread on the sabbath day, that