COL 2:23 These are matters which have, to be sure, the appearance of wisdom in self-made religion and self-abasement and severe treatment of the body, but are of no value against fleshly indulgence.

COL 3:5 Therefore consider the members of your earthly body as dead to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry.

COL 3:6 For it is on account of these things that the wrath of God will come,

COL 3:7 and in them you also once walked, when you were living in them.

COL 3:8 But now you also, put them all aside: anger, wrath, malice, slander, and abusive speech from your mouth.

COL 3:9 Do not lie to one another, since you laid aside the old self with its evil practices,

COL 3:10 and have put on the new self who is being renewed to a true knowledge according to the image of the One who created him

COL 3:11 -- a renewal in which there is no distinction between Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and freeman, but Christ is all, and in all.

COL 3:12 And so, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience;

COL 3:13 bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you.

COL 3:14 And beyond all these things put on love, which is the perfect bond of unity.

COL 3:15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful.

COL 3:16 Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God.

COL 3:17 And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father.

COL 3:18 Wives, be subject to your husbands, as is fitting in the Lord.

COL 3:19 Husbands, love your wives, and do not be embittered against them.

COL 3:20 Children, be obedient to your parents in all things, for this is well-pleasing to the Lord.

COL 3:21 Fathers, do not exasperate your children, that they may not lose heart.